

# New Lowell Central Public School

## April 2023

### Principals Message

Dear New Lowell Families,

We have, at last, arrived at spring and we look forward to warmer weather and more activities. Our students in grade 3 – 8 are participating in free art lessons through Magic of Children in the Arts. The hope is to have all of the art created in these workshops as part of the Spring Art Show in the Collingwood Library! Also, very soon, we will be inviting families to join us for an evening of board games and fun. Information will be shared soon.

Kindest regards,

Mrs. Ross

### Kindergarten Sep 2023 Registration is open!

Kindergarten is the beginning of a wonderful journey of learning, and we want your child to begin their journey in a SCDSB school! Do you have a child who is turning four in 2023? If so, we invite you to register your child for Kindergarten. To register online or for more information visit: [www.scdsb.on.ca/kindergarten](http://www.scdsb.on.ca/kindergarten).

### Jump Rope For Heart!

Hello Everyone! We are so very excited to be able to do our Jump Rope for Heart Event again this year!!!!!! We will be having our Jump Rope for Heart Event on Thursday, May 18th with Friday, May 19th as a rain date. We have some great activities planned for the whole school to get outside and Jump for a good cause.

Register and fundraise online at [JumpRopeForHeart.ca](http://JumpRopeForHeart.ca). It's a fun way to raise money for a great cause! You can also pick your favourite EASY healthy habit online and start counting your streak. How many days can you practice your healthy habit? Log on today or click the link to our schools Jump Rope For Heart website.

<https://jumpropeforheart.crowdchange.ca/23515>

If you register online at [JumpRopeForHeart.ca](http://JumpRopeForHeart.ca) your child will be entered into a draw for a mystery prize.

I can not wait to see everyone out on Jump Day!



### **MONTHLY CHARACTER TRAIT**

#### **OPTIMISM**

We maintain a positive attitude and have hope for the future.

#### **INSIDE THIS ISSUE**

Just Breathe Strategy.....	2
Summer Child Care.....	2
Foster Caregivers.....	2
Math @Home Series.....	3
Science of Reading.....	3
Special Ed Needs.....	3



## We are in the WEST zone

### “Choose a Safe Place”

While waiting for a school vehicle, be sure to wait a safe distance from the side of the road, away from traffic.

The Ontario Ministry of Transportation (MTO) identifies the following tips for waiting for your bus safely:

- Be at the bus stop before the bus comes;
- Wait a safe distance back from the edge of the road — don't play in ditches or snow banks; and
- Stay out of the DANGER ZONE: if you can touch the bus, you're too close. Use 10 giant steps to remove yourself from the DANGER ZONE, and make sure you and the bus driver can see each other.

For more information, see the MTO 'School Bus Safety Smarts' at: <http://www.mto.gov.on.ca/english/safety/school-bus-safety.shtm>

## Licensed Summer Child Care Programs

Child care programs for children in kindergarten to grade 6 are provided by independent, third-party child care operators in some SCDSB schools. To support your child care needs, some operators offer child care over the summer holidays. Registration in advance is required. Please contact the child care operator directly to discuss fees and to register. More information and contact numbers can be found at [scdsb.on.ca/elementary/planning\\_for\\_school/childcare\\_before\\_after](https://scdsb.on.ca/elementary/planning_for_school/childcare_before_after).



## Just Breathe Coping Strategy

Well-being is a Strategic Priority in the Simcoe County District School Board, and our well-being department provides monthly strategies to support student and family well-being.

This month's strategy is deep breathing. Parents/guardians should practice deep breathing with their children to help them develop a deeper mind/body connection, self-regulation, awareness of emotions, and build resiliency. To practice deep breathing at home, have your child get comfortable by either standing or sitting. Encourage them to keep their back straight, and shoulders and head relaxed. If they're comfortable, ask them to close their eyes. Have your child place their hands flat on their stomach. Ask your child to breathe in deeply through their nose, filling the belly with breath. Point out how hands move out. Encourage them to hold their breath for a few seconds, then slowly breathe out through the mouth to feel the stomach contract and hands move in. Repeat 5-6 times.

Parents/guardians should practice deep belly breathing at home any time their child seems stressed or upset. Watch a deep breathing video here: <https://www.youtube.com/watch?v=le2TOMNFxE&t=3s>.

Follow along the Mental Health and Well-being social media accounts (@SCDSB\_MHWP) to see how well-being is being supported in our schools.



## Foster Caregivers in our community

There is a significant need for foster caregivers in our local community. When a child or youth is brought into temporary foster care and placed outside of their community there is a loss of family, friends, school-mates, teachers, and everything that is familiar to them. The increase in the number of foster homes across the communities in Simcoe Muskoka allows children and youth to remain connected to what is important to them.

Foster families are regular families wanting to give back to their community. When a family faces hardship and challenges, they need a community to support them and their children. In many situations, foster care can provide vital support that enables parents to address issues that are putting their children's safety and well-being at risk. Keeping children connected to their family, community, and extended supports is crucial. Foster caregivers provide a caring home that encourages a child or youth's growth, development, and well-being. If you're interested in becoming a foster caregiver in our community, please visit the foster recruitment website at [www.fosterconnexions.ca](http://www.fosterconnexions.ca) to learn more or call the foster recruitment line at 705-734-6777.

Information provided by Simcoe Muskoka Family Connexions

## Math @Home parent series

Fostering a strong school-home partnership is an important part of reinforcing math learning at school and extending the learning beyond the classroom. Families are a child's first educator and help build a strong foundation for future success. The virtual math series outlined below is intended to support a positive attitude towards mathematics, enhance motivation and ultimate success.

The SCDSB math department is pleased to offer three evening virtual sessions for families and caregivers of SCDSB students. These sessions will focus on practical and fun ways to support students with their mathematics learning and engagement at home. The first 200 registrants will receive a path pack of resources to use at home. Participants must pre-register for each of the sessions.

### Making Math Connections @Home

Wed Apr 12, 7 – 8 p.m.

This session will explore where we find numbers, patterns, measures, and shapes in our daily lives. Participants will learn about practical ways to help their child notice and wonder about the math in their world.

### Problem Solving @Home

Tue, Apr 25, 7 – 8 p.m.

This session will explore how to encourage children to be active thinkers and problem solvers, both in math and around the house. Participants will learn about how solving problems at home can help their children solve problems in math class.

### Having Fun with Math Facts @Home

Thu, May 11, 7 – 8 p.m.

This session will explore practical, intentional, and fun ways to practice math facts at home. Participants will leave with ideas, games, and activities to support their child with becoming fluent with their math facts.

Participants must pre-register for the sessions they wish to attend. Registered participants will receive a pack of hands-on resources that will be sent to the school indicated on their registration form.

Use this link to register: <https://bit.ly/23MathAtHome>

## Days of Awareness & Recognition in April

Throughout the year, there are many awareness days that focus on different causes and recognition. The SCDSB has developed a list of these days as a guide for schools.

- Sikh Heritage Month
- Vimy Ridge Day (Apr 9)
- Holocaust Memorial Day, Yomha-Shoah

More information can be found at:

[https://www.scdsb.on.ca/about/equity\\_and\\_inclusion/heritage\\_recognition](https://www.scdsb.on.ca/about/equity_and_inclusion/heritage_recognition)

and

[https://www.scdsb.on.ca/about/equity\\_and\\_inclusion/holy\\_days\\_and\\_holidays\\_calendar](https://www.scdsb.on.ca/about/equity_and_inclusion/holy_days_and_holidays_calendar)

## The Science of Reading & Structured Literacy

The science of reading is a body of research that focuses on how students learn to read, what parts of the brain are utilized when learning to read, and what skills are ultimately required to be successful readers. Structured literacy is how educators take the knowledge gathered through research and apply it. There are five key components that make up an effective literacy program. Students need explicit instruction and repeated opportunities for practice with phonemic awareness, phonics, fluency, vocabulary, and comprehension. Visit the following link to support your child's reading at home: <https://bit.ly/LiteracyHomeSupport>



## The SCDSB Supports Students with Special Education needs and their Families

In 2023, the SCDSB is hosting virtual special education outreach sessions to assist parents/caregivers in learning more about programs, supports and ways that we work together to support students with special education needs. The remaining sessions include:

**Supporting students as they transition into school, from one school to another, and from school upon graduation:**

Thu, Apr 20. 6:30 to 7:30 p.m.

**Working with families to create safe and supportive environments for children who have experienced trauma**

Tue, May 9, 6:30 to 7:30 p.m.

Participants are asked to register in advance. Information to access the sessions will be shared via email with individuals who have pre-registered. Learn more about each session and how to register on the SCDSB website at [www.scdsb.on.ca/elementary/special\\_education/special\\_education\\_outreach\\_sessions](http://www.scdsb.on.ca/elementary/special_education/special_education_outreach_sessions).



# April 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>2</b> <ul style="list-style-type: none"> <li>• Bus Evacuation Training Week</li> </ul>	<b>3 Day 4</b> <ul style="list-style-type: none"> <li>• School Council Meets 6:00pm</li> </ul>	<b>4 Day 5</b> <ul style="list-style-type: none"> <li>• Spirit Day: Blue Day (Jays Home Opener)</li> <li>• Magic of Children in the Arts (Rm 103, P972 &amp; 126)</li> </ul>	<b>5 Day 1</b> <ul style="list-style-type: none"> <li>• Subs</li> </ul>	<b>6 Day 2</b> <ul style="list-style-type: none"> <li>• Pizza</li> <li>• Spirit Day: Dress to welcome Spring</li> <li>• Magic of Children in the Arts (Rm 128 &amp; 124)</li> </ul>	<b>7</b> <ul style="list-style-type: none"> <li>• Good Friday No School</li> </ul>	<b>8</b>
<b>9</b> <ul style="list-style-type: none"> <li>• Vimy Ridge Day</li> </ul>	<b>10</b> <ul style="list-style-type: none"> <li>• Easter Monday No School</li> </ul>	<b>11 Day 3</b>	<b>12 Day 4</b> <ul style="list-style-type: none"> <li>• Subs</li> <li>• Int'l Day of Pink</li> </ul>	<b>13 Day 5</b> <ul style="list-style-type: none"> <li>• Pizza</li> </ul>	<b>14 Day 1</b> <ul style="list-style-type: none"> <li>• Jump Rope for Heart Kick Off</li> </ul>	<b>15</b>
<b>16</b> <ul style="list-style-type: none"> <li>• Nat'l Volunteer Week</li> </ul>	<b>17 Day 2</b> <ul style="list-style-type: none"> <li>• Gr 7&amp;8 Immunization</li> <li>• Holocaust Memorial Day, Yom HaShoah</li> </ul>	<b>18 Day 3</b>	<b>19 Day 4</b> <ul style="list-style-type: none"> <li>• Subs</li> </ul>	<b>20 Day 5</b> <ul style="list-style-type: none"> <li>• Pizza</li> </ul>	<b>21 Day 1</b> <ul style="list-style-type: none"> <li>• Spirit Day: Superhero Day</li> </ul>	<b>22</b> <ul style="list-style-type: none"> <li>• Earth Day</li> </ul>
<b>23</b>	<b>24 Day 2</b>	<b>25 Day 3</b>	<b>26 Day 4</b> <ul style="list-style-type: none"> <li>• Subs</li> <li>• Class &amp; Team Photos</li> </ul>	<b>27 Day 5</b> <ul style="list-style-type: none"> <li>• Pizza</li> </ul>	<b>28</b> <ul style="list-style-type: none"> <li>• PA Day No School</li> <li>• Nat'l Day of Mourning (World Day for Safety &amp; Health at Work)</li> </ul>	<b>29</b>
<b>30</b>						

## Next Month:

- May 1: School Council Meeting
- May 1: Music Monday
- May 2: Jr Girls VBall Tourny
- May 3: Jr Boys BBall Tourny
- May 3: Arts Night Rehearsal
- May 4: Arts Night Concert
- May 10-Jun 14: EQAO
- May 16: Grade 3/4 & 4/5 @Tiffin
- May 17: Welcome to Kindergarten
- May 18: Jump Rope for Heart (Rain date May 19)
- May 22: Victoria Day